





## Introducing the New **ADJUSTABLE** Evergreen Braces



Evergreen™ 621 SI  
Code L0621 Approved  
(Sized Only)

Evergreen™ 456 TLSO  
Code L0456 Approved

Evergreen™ 637 LSO  
Code L0637 Approved

Evergreen™ 631 LSO LoPro  
Code L0631 Approved

Evergreen™ 627 Lumbar  
Code L0627 Approved

Evergreen™ 626 Lumbar Lite  
Code L0626 Approved

Evergreen™ is Aspen's most economical line offering a low profile design with proven performance and quality. As an adjunctive treatment to current therapy, Evergreen provides a non-invasive, non-narcotic solution for patients suffering from low back pain. Utilizing the advantages of an inelastic brace coupled with Aspen's therapeutic level of compression, Evergreen delivers effective pain relief enabling patients to get back to the activities of daily living.

For those who prefer a sized option, the original Evergreen sized braces are still available.

### One Size Adjustable

**28 - 64** IN

Simple pull-through sizing allows one brace to fit waists ranging from 28-54 inches and up to 64 inches with the extension panel.

Evergreen's ergonomic and low profile design may be comfortably worn under clothing.

#### Minimum Inventory, Maximum Cost Savings

One size adjustable means the correct size is always on hand, minimizing inventory requirements and significantly reducing costs.



### Inelastic Braces Proven Effective in Controlling Low Back Pain

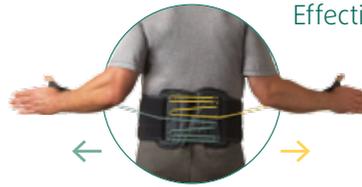
Research shows that inelastic LSO's are significantly more effective at improving trunk stability than elastic braces,<sup>1,2,3</sup> a key factor in relieving pain. Increased trunk stability reduces the load on overtaxed muscles,<sup>4</sup> which can dramatically reduce low back pain. Aspen braces are inelastic by design for maximum pain relief.

1. Morrisette DC, Cholewicki J, Logan S, Seif G, McGowan S. A randomized clinical trial comparing extensible and inextensible lumbosacral orthoses and standard care alone in the management of lower back pain. *Spine*. 2014.
2. Cholewicki J, Lee AS, Reeves NP, Morrisette DC. Comparison of trunk stiffness provided by different design characteristics of lumbosacral orthoses. *Clinical Biomechanics*. 2010.
3. Cholewicki J, Reeves NP, Everding VQ, Morrisette DC. Lumbosacral orthoses reduce trunk muscle activity in a postural control task. *Journal of Biomechanics*. 2007.
4. van Dieen JH, Selen LPJ, Cholewicki J. Trunk muscle activation in low-back pain patients, an analysis of the literature. *Journal of Electromyography and Kinesiology*. 2003.



### Mold • Bend • Trim Easy Access for Custom Modification

All structural components are easily removed and can be heat molded, bent or trimmed to further customize the brace to accommodate various patient conditions.



### Effective Independent Compression

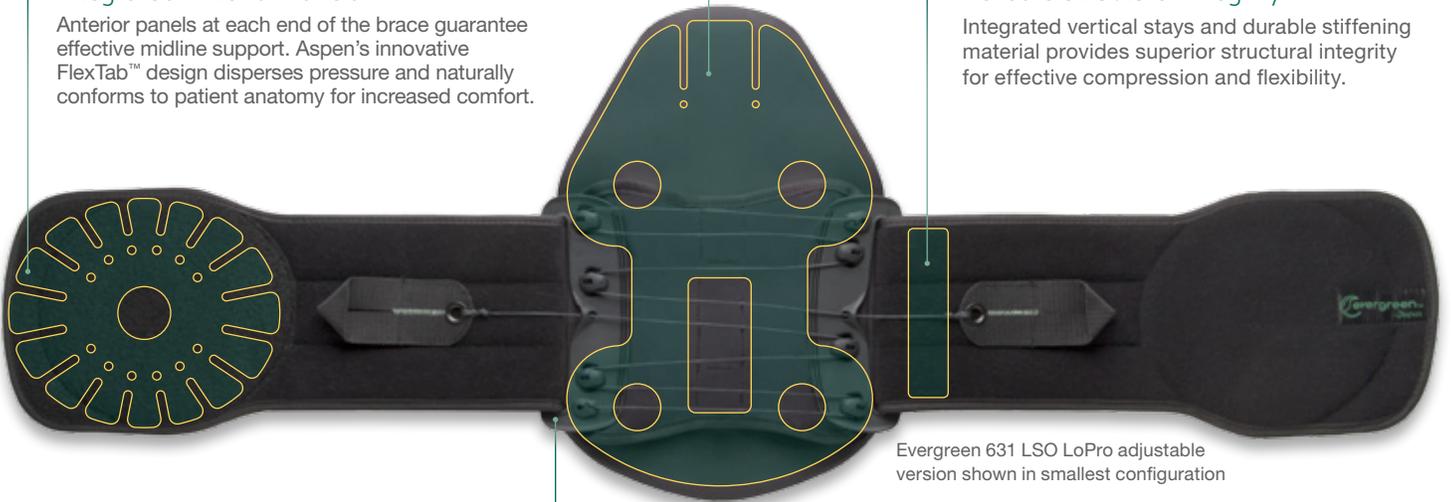
Aspen's patented 4:1 mechanically advantaged tightening system independently tightens top and bottom allowing patients to localize compression where they need it for maximum pain relief.

### Integrated Anterior Panels

Anterior panels at each end of the brace guarantee effective midline support. Aspen's innovative FlexTab™ design disperses pressure and naturally conforms to patient anatomy for increased comfort.

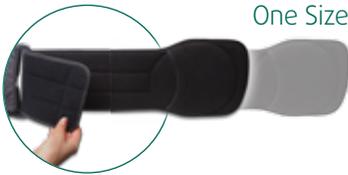
### Reliable Structural Integrity

Integrated vertical stays and durable stiffening material provides superior structural integrity for effective compression and flexibility.



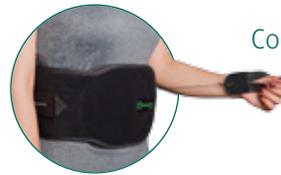
Evergreen 631 LSO LoPro adjustable version shown in smallest configuration

### One Size Adjustable



Pull-through sizing mechanism allows for quick and easy adjustment, without the use of tools.

### Comfortable Pull Tabs



Large pull tabs are easy to locate and grasp.

### Custom Support



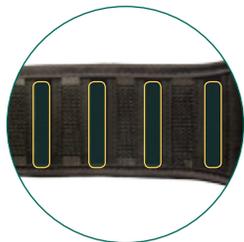
When tightened, firm but flexible back panel naturally conforms to the patient's lordosis to provide true structural support.

### Low Profile For Comfort



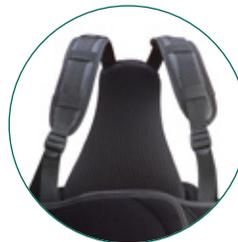
Evergreen braces are comfortable for extended wear and can easily be worn under clothing.

### Evergreen 621 SI Belt



Silicone strips on the inside of the brace hold fast and prevent migration especially while moving and sitting. Two easy-to-locate pull tabs provide maximum compression without the spinal rotation that can occur with a single pull tab system.

### Evergreen 456 TLSO



The support provided brings the patient back to a functional midrange and promotes a dynamic environment for healing from complex spinal conditions.

## The Aspen Advantage

Aspen Medical Products builds the finest spinal braces on the market. With an unparalleled commitment to Research and Development, Aspen has brought to market numerous unique features, marked by the Aspen Advantage logo. These features yield real benefits for practitioners and patients. In addition, Aspen braces are backed by more than 30 years of clinical research that substantiates the safety,

efficacy, superior comfort and improved patient outcomes that these products provide. Quality products you can count on with features that make a positive difference. That's the Aspen Advantage.



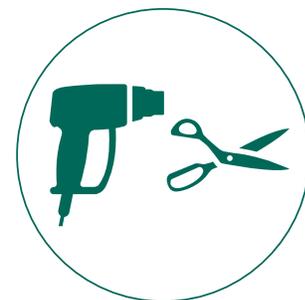
### The Aspen Advantage Symbol

An innovative feature available only from Aspen

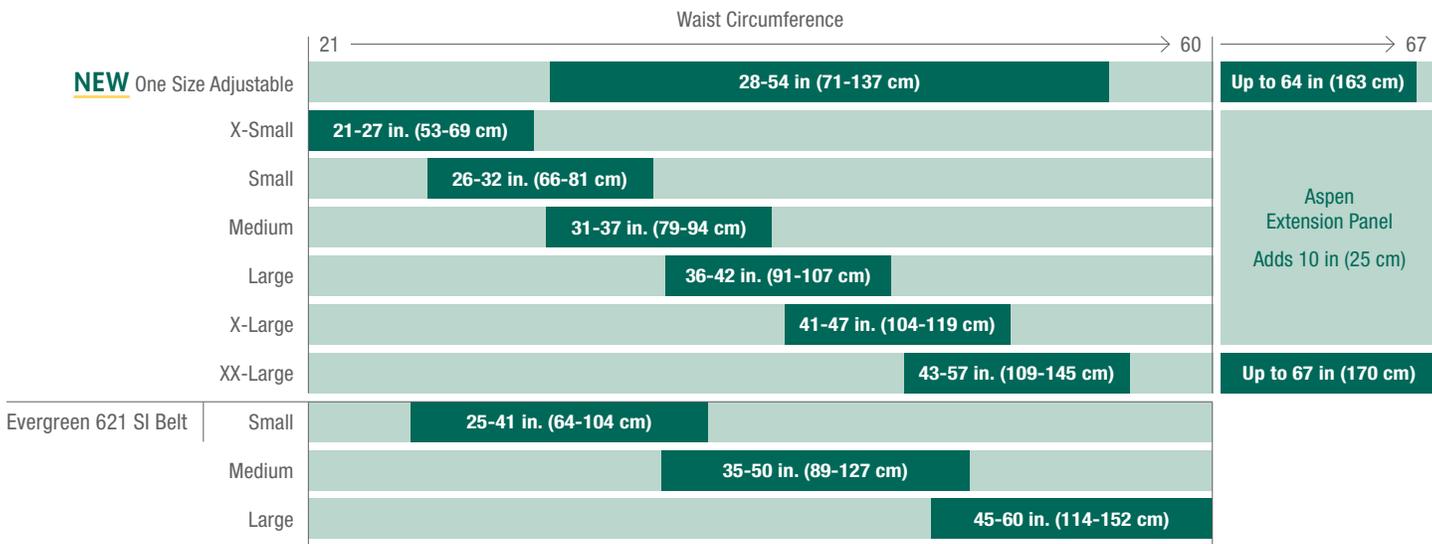
## Giving Experts Modification Options

Aspen Spinal Braces provide unique opportunities to access structural components to remove, trim, bend, mold, assemble and provide individualized customization options. This enables experts to significantly modify each brace to treat specific patient indications, aid with the treatment of different diagnoses and adapt to different bracing treatment philosophies or physician direction. Made of high quality materials such as nylon, high-density and low-density polyethylene plastics and non-ferrous metals, these durable and resilient components not only provide the best support, they allow for significant modification without breaking, buckling or cracking that can occur with lower quality materials. Trimming, bending, and molding are only a few ways in which Aspen braces can be significantly modified to further improve patient outcomes.

For more information on how Aspen braces can be significantly modified, or for documentation templates, contact your local Aspen Sales Representative or visit [aspenmp.com/product-modifications](http://aspenmp.com/product-modifications).



## Sizing Information



## Product Information

Evergreen 456 TLSO	<b>NEW</b> One Size Adjustable 36-5611	X-Small	36-5602	Medium	36-5604	X-Large	36-5606
		Small	36-5603	Large	36-5605	XX-Large	36-5607
Evergreen 637 LSO	<b>NEW</b> One Size Adjustable 36-3711	X-Small	36-3702	Medium	36-3704	X-Large	36-3706
		Small	36-3703	Large	36-3705	XX-Large	36-3707
Evergreen 631 LSO LoPro	<b>NEW</b> One Size Adjustable 36-3111	X-Small	36-3102	Medium	36-3104	X-Large	36-3106
		Small	36-3103	Large	36-3105	XX-Large	36-3107
Evergreen 627 Lumbar	<b>NEW</b> One Size Adjustable 36-2711	X-Small	36-2702	Medium	36-2704	X-Large	36-2706
		Small	36-2703	Large	36-2705	XX-Large	36-2707
Evergreen 626 Lumbar Lite	<b>NEW</b> One Size Adjustable 36-2611	X-Small	36-2602	Medium	36-2604	X-Large	36-2606
		Small	36-2603	Large	36-2605	XX-Large	36-2607
Evergreen 621 SI Belt		Small	36-2102	Medium	36-2104	Large	36-2106
Accessories		Aspen Extension Panel					992505